

**LOVE YOGA- Hot Yoga and Barre/ Release of Liability Waiver**

NAME (PRINT) \_\_\_\_\_ DOB \_\_\_\_\_ SEX \_\_\_\_\_

ADDRESS \_\_\_\_\_ EMAIL \_\_\_\_\_

PHONE \_\_\_\_\_ Emergency Contact & Number \_\_\_\_\_

*Please read the following agreement of release and waiver of liability. This document affects your legal rights. You must read and understand it before signing it.*

1. I am voluntarily participating in yoga classes or workshops offered by Love Yoga during which time I will receive information and instruction about yoga, and participate in yoga classes and workshops (collectively referred to as "yoga"). I recognize that yoga requires intense physical exertion which may be hazardous or strenuous and may cause serious injury, and I am fully aware of and voluntarily accept all risks and hazards involved.

2. I understand that it is my responsibility to consult with a physician prior to and regarding my participation in yoga. I represent and warrant that my physician has approved of my participation in yoga, that I have no physical or medical condition that could interfere with my safety engaging in yoga, or that might be impacted by or prevent my participation in yoga. I agree that if at any time I should suffer from any such physical or medical condition, I will immediately notify my instructor.

3. In consideration of being permitted to participate in Love Yoga's yoga, I agree to accept and assume full responsibility and liability for any and all risks, injuries or damages, known or unknown, which may result or that I might incur as a result of participation in any yoga program offered by Love Yoga..

4. I fully understand that I may injure myself as a result of my participation in Love Yoga yoga. In consideration of my participation in Love Yoga's yoga, I hereby fully voluntarily release, waive and discharge Love Yoga (and each of its members, managers, employees, owners and individual instructors (collectively "Love Yoga")) from any and all claims, demands, actions or liability of any kind whatsoever, known or unknown, either now or in the future, including but not limited to any physical or emotional injury, heart attacks, muscle strains, pulls, tears, broken bones, shin splints, heart prostration, knee, lower back or foot injuries and any other illness, soreness or injury however caused, occurring during or after my participation in Love Yoga's yoga program. To the maximum extent allowed by law, I agree not to initiate any legal action or claims against Love Yoga in connection with any claims which could have been or could be raised in any way connected with or arising out of my participation in Love Yoga's yoga.

5. I certify and warrant that I have adequate insurance to cover any injury I may suffer while participating in yoga. I also agree to assume full responsibility for any injury or impairments that may occur as a result of earthquake, fire, or any other Act of God.

6. I, my heirs or legal representatives, any assigns, forever release, waive, discharge and covenant not to sue Love Yoga for any injury or death caused by any negligent or other act or omission.

7. I know that yoga requires alignment of the body and that yoga teachers often adjust students to help them get the poses more accurately. By signing below, I consent to such touch and adjustment. If I do not wish to be touched, I will clarify that fact in a signed writing and hand it to every teachers whose classes I attend, prior to the commencement of the class.

8. I realize that all tuition fees, once paid, are not refundable and that the classes are offered on a first-come, first-served basis.

9. I am responsible for all of my belongings, including those left in the changing areas, and release Love Yoga of any liability should they be lost or stolen.

10. I agree that the validity and enforceability of this Release will be governed by the substantive law of Montana, without regard to its conflicts and laws.

By signing this document, I acknowledge that if I am hurt or damaged as a result of my participation in Love Yoga's yoga, I may be found by a court of law to have waived my right to maintain a lawsuit against Love Yoga on the basis of any claim I have released as part of this Agreement. I have had sufficient opportunity to read this entire document, and to ask questions. I certify that I have read and fully understand its contents. I voluntarily agree to the terms and condition stated above.

STUDENT SIGNATURE (PARENT IF MINOR) \_\_\_\_\_

DATE \_\_\_\_\_

Injuries, Illnesses or other considerations we should know about

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